



There s No Place Like Home: Simple and Effective Solutions for Seniors Who Wish to Age with Purpose and Independence in the Comfort of Home (Paperback)

By Fred Kingery

Createspace, United States, 2009. Paperback. Book Condition: New. large type edition. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.If you are a senior citizen living alone and struggling with the everyday challenges of aging, this practical handbook may be exactly what you are looking for. If you have a fear of falling, if you worry about losing your independence to declining health, if you struggle with loneliness or if you sometimes feel that life, in your later years, has no real purpose or meaning, you will quickly discover that this book is filled with the practical tools and solutions to help you overcome these challenges. It features large print, making it easy to read, it s straight forward design allows you to go quickly to the problem areas you want to address and it is filled with a multitude of common sense tips and ideas discovered and utilized by resourceful seniors facing similar situations. So if you live alone and Father Time is knocking at your door, you are not alone. This book was written just for you, and the millions of older folks just like you, who share the goal of aging...



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