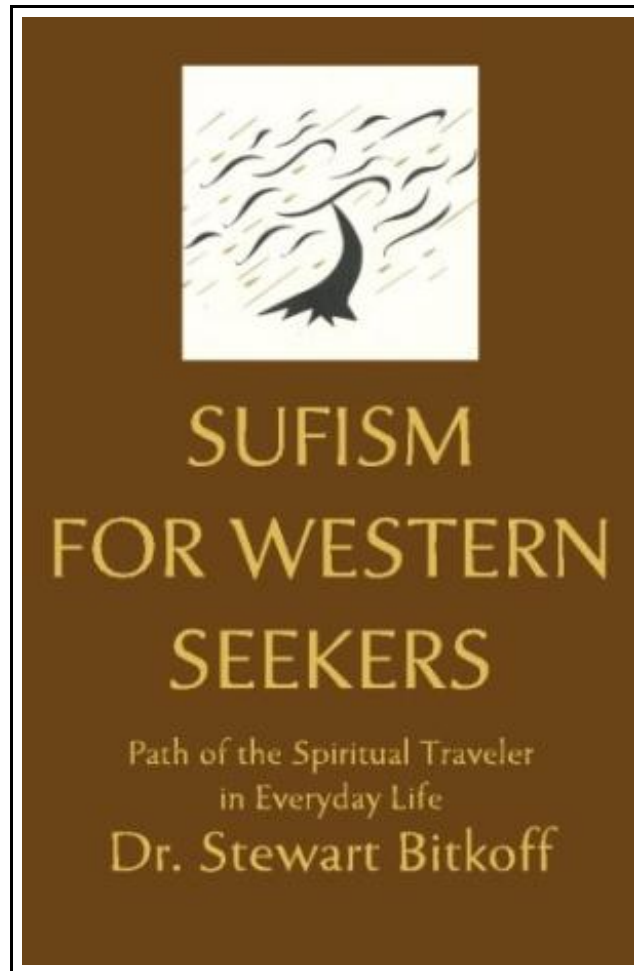


## Sufism for Western Seekers: Path of the Spiritual Traveler in Everyday Life



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Abandoned Ladder. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 8.4in. x 5.5in. x 0.6in. For many western spiritual seekers, Sufism is often misunderstood and viewed as an Islamic mystical tradition presented through various Sufi orders. Yet this ancient path of spiritual knowing is much broader and older, available through all religions and independent of Islam and these orders. Aldous Huxley and others have referred to this ancient mystical path as the primordial tradition or perennial philosophy. This teaching can be characterized as a generic mysticism or spirituality, available to everyone, all of the time. Once awakened, this spiritual knowing comes forward through one's own inner awareness or heart. This book is a first hand account of spiritual knowing in two modern Sufi mystical schools. This message is intended for western spiritual travelers; this learning was not attached to Islam or presented through any of the present orders and was designed to appeal to everyone, regardless of their religious background. Additionally, this work examines spiritual knowing across a lifetime, incorporating experiences of both schools, along with traditional Sufi quotes. We offer examples of how such learning can enrich and help us with the daily problems of modern life. Praise for *Sufism for Western Seekers* Winner of 2011 Honorable Mention in Religion by ForeWord Reviews Book of the Year Awards! <https://botya.forewordreviews.com/winners2011/religion> Written for the beginner as well as the intermediate traveler, *Sufism for Western Seekers* helps equip its reader with the necessary psycho-spiritual exercises and tools required to awaken dormant human faculties. The book also acts as map and guide helping to transition the contemporary traveler from the realm of seeking, into the realm of perception and finding. - Adeel Merali, Montreal, Quebec, Canada *Stewart's book reminds us: yes, this life is about Self and the experiencing of the...*

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