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Low Carb Valentine s Day Dessert Cookbook: Quick, Easy, Healthy Dessert Recipes (Paperback)

By Lily Madison

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Low Carb Valentine s Day Dessert Cookbook contains 30 recipes with a maximum of 11 grams of carbs per recipe. This dessert cookbook is perfect for your Valentine s Day celebrations as well as whenever you want to give yourself a treat or give a dessert gift to a friend. If you re following the Keto diet, a low-carb diet, watching your carb intake for diabetes, or if you just want to eat healthier, these dessert recipes can save you time doing your own research. Long before low-carb diets were even talked about, three generations of women in my mom s family were preparing these recipes. And now, with all the new sugar alternatives, it makes cooking and baking so much easier. Take a look inside this book, and you ll find recipes for: CHEESECAKE, PIES, TARTS TORTES CAKES AND BROWNIES MINI-DESSERT BARS AND BITES COOKIES CANDY, FUDGE + ONE SWEET-SAVORY FAVORITE Click the button now to buy, borrow, and get this book for free with Kindle Unlimited.



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